UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

FORM 8-K

CURRENT REPORT PURSUANT TO SECTION 13 OR 15(d) OF THE SECURITIES EXCHANGE ACT OF 1934

Date of Report (Date of earliest event reported): January 26, 2022

Superior Energy Services, Inc.

(Exact name of registrant as specified in its charter)

Delaware (State or other jurisdiction of incorporation) 001-34037 (Commission File Number) 75-2379388 (I.R.S. Employer Identification No.)

1001 Louisiana Street, Suite 2900 Houston, Texas 77002 (Address of principal executive offices) (Zip Code)

(713) 654-2200

(Registrant's telephone number, including area code)

Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions (see General Instruction A.2. below):

□ Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)

□ Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240-14a-12)

Dere-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))

Dere-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))

Securities registered pursuant to Section 12(b) of the Act:

Title of each class	Trading symbol	Name of each exchange on which registered
NONE	NONE	NONE

Indicate by check mark whether the registrant is an emerging growth company as defined in Rule 405 of the Securities Act of 1933 (§230.405 of this chapter) or Rule 12b-2 of the Securities Exchange Act of 1934 (§240.12b-2 of this chapter).

Emerging growth company \Box

If an emerging growth company, indicate by check mark if the registrant has elected not to use the extended transition period for complying with any new or revised financial accounting standards provided pursuant to Section 13(a) of the Exchange Act.

Item 5.02. Departure of Directors or Certain Officers; Election of Directors; Appointment of Certain Officers; Compensatory Arrangements of Certain Officers.

As previously disclosed on a Current Report on Form 8-K filed on September 13, 2021, on September 9, 2021, A. Patrick Bernard, a named executive officer of Superior Energy Services, Inc. (the "<u>Company</u>"), entered into a Transition and Retirement Agreement with the Company (the "<u>Transition and Retirement Agreement</u>"). In accordance with the terms of the Transition and Retirement Agreement, to aid in the transition of Mr. Bernard's duties as contemplated by the Transition and Retirement Agreement, as of January 26, 2022, Mr. Bernard has been transitioned from Executive Vice President and President of International to a non-executive officer position.

The foregoing description of the Transition and Retirement Agreement applicable to Mr. Bernard is a summary only and does not purport to be complete, and is qualified in its entirety by reference to the full text of the Transition and Retirement Agreement, which was filed as Exhibit 10.1 to the Company's Current Report on Form 8-K on September 13, 2021.

SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the Registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

Date: January 27, 2022

Superior Energy Services, Inc.

By: /s/ James W. Spexarth

James W. Spexarth Executive Vice President, Chief Financial Officer and Treasurer