FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL										
OMB Number:	3235-0287									
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hours per response:	0.5									

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person* Bernard A Patrick					SU	2. Issuer Name and Ticker or Trading Symbol SUPERIOR ENERGY SERVICES INC SPN]								5. Relationship of Reportii (Check all applicable) Director Officer (give title			ng Person(s) to Issuer 10% Owner Other (specify		
(Last) 1001 LO SUITE 2	(First) (Middle) UISIANA STREET					3. Date of Earliest Transaction (Month/Day/Year) 01/15/2014								X Officer (give title Other (specify below) Senior Executive Vice Pres.				Secury	
(Street) HOUSTON TX 77002 (City) (State) (Zip)					_ 4.1	4. If Amendment, Date of Original Filed (Month/Day/Year)								Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person					
		Tal	ole I - Nor	n-Deri	ivativ	e Se	curitie	s Ac	auired.	Dis	posed of	f. or Be	neficiall	v Owned					
1. Title of Security (Instr. 3) 2. Transac Date (Month/Date)				saction	ear)	2A. Deemed Execution Date, if any (Month/Day/Year)		3. Transaction Code (Instr.		4. Securities Acquired (A)		d (A) or	5. Amou Securitie Benefici Owned F	es ally Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership		
								Code	v	Amount	(A) or (D)	Price	Transact	Reported Transaction(s) (Instr. 3 and 4)		((Instr. 4)		
Common Stock 01/15/					5/201	2014		A ⁽¹⁾		12,063	B A	\$0	84	84,472		D			
Common Stock 01/15/				15/201	/2014			F ⁽²⁾		1,371	D	\$26.0	2 83	83,101		D			
			Table II -								osed of, onvertib			Owned					
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution D if any (Month/Day/	4. ate, Transactio			5. Number n of		6. Date Exe Expiration (Month/Da	Date		7. Title an of Securit Underlyin Derivative (Instr. 3 a	g Security	8. Price of Derivative Security (Instr. 5)		e Owner s Form: llly Direct or Indi g (I) (Ins	Ownership	Beneficial Ownership ect (Instr. 4)	
				Co	Code	v	(A)		Date Exercisabl		Expiration Date	Title	Amount or Number of Shares						
Options (right to buy)	\$26.02	01/15/2014			A		45,162		01/15/2015	(3)	01/15/2024	Common Stock	45,162	\$0	45,16	2	D		

Explanation of Responses:

- 1. Represents a grant of restricted stock units from the issuer.
- 2. Shares withheld to cover taxes due upon the vesting of restricted stock.
- 3. The stock options are exercisable in 1/3 annual increments beginning on the date indicated and ending on the second anniversary thereof.

/s/ William B. Masters, on

behalf of A. Patrick Bernard 01/17/2014 pursuant to a power of attorney

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.