FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

l	OIVID APPROVAL									
	OMB Number:	3235-0287								
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	hours per response:	0.5								

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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person*						2. Issuer Name and Ticker or Trading Symbol SUPERIOR ENERGY SERVICES INC								5. Relationship of Reporting Person(s) to Issuer (Check all applicable)						
<u>DAWKINS ENOCH L</u>							SPN]								X Director			10% Owner		
(1 +)	_ [o 1									Officer below)			Other (s	pecify					
(Last) (First) (Middle)							3. Date of Earliest Transaction (Month/Day/Year) 05/14/2014								below)			Delow)		
1001 LOUISIANA STREET, SUITE 2900																				
(Ctroot)		- _{4.}	4. If Amendment, Date of Original Filed (Month/Day/Year)								6. Individual or Joint/Group Filing (Check Applicable Line)									
(Street) HOUSTON TX 77002														X Form filed by One Reporting Person					,	
1100310N 1A //002					_									2.	Form filed by More than One Reporting					
(City) (State) (Zip)															Person					
		Tal	ole I - I	Non-Der	ivativ	re Se	curitie	es Ac	quire	ed, Di	isposed o	f, or Be	enefici	ally	Owned					
1. Title of Security (Instr. 3) 2. Transactio Date (Month/Day/Y						Execution		Date,	3. Transaction Code (Instr. 8)		4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 an			5)	Beneficially Owned Follo		Form ly (D) o		7. Nature of Indirect Beneficial Ownership	
									Code	v	Amount	(A) or (D)	Price		Reported Transact (Instr. 3	ction(s)			(Instr. 4)	
Common	2014	14		M	П	7,474	Α	\$0)	27	27,474		D							
Common Stock 05/14/20					2014	14		S	П	7,474	D	\$32.45	2.4542(1)		20,000		D			
			Table								posed of,				wned					
		1			puts	, cans	_				convertib			-						
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	Conversion Date Exe (Month/Day/Year) if ar (Mo				action (Instr.			6. Date Exercisable and Expiration Date (Month/Day/Year)			7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		S (I	Price of erivative ecurity nstr. 5)	9. Number derivative Securities Beneficiall Owned Following Reported Transactio	ly	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership oct (Instr. 4)	
													Amou	unt		(Instr. 4)	,(3)			
				c	Code	v	(A)	(D)	Date Exer	cisable	Expiration Date	Title	Numb of Share	.						
Restricted Stock Units	(2)	05/14/2014			M			7,474	05/1	4/2014	05/14/2014	Common Stock	n 7,47	74	\$0	0		D		
Restricted Stock	(2)	05/15/2014			A		6,187			(3)	(3)	Common Stock	6,18	37	\$0	6,187		D		

Explanation of Responses:

- 1. The price reported represents the weighted average price of the shares sold. Shares were sold at varying prices in the range of 32.4401 32.4650. The Reporting Person hereby undertakes, upon request of the Staff of the U.S. Securities and Exchange Commission, the issuer or a security holder of the issuer, to provide full information regarding the number of shares sold at each separate price.
- 2. Each restricted stock unit represents a right to receive one share of the Issuer's common stock.
- 3. The restricted stock units vest in 2015 on the date of Issuer's 2015 Annual Meeting of Stockholders.

/s/ William B. Masters, on behalf of Enoch L. Dawkins, 05/15/2014 pursuant to a power of attorney

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.