FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington,

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

| D.C. 20549 | I |
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| D.C. 20549 | OMB APPROVA |
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| | OMB Number: | 3235-028 | | | | | | |
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| - 1 | Estimated average | burden | | | | | | |

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

hours per response: 0.5

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|--|---|--------------------------------------|---|--------------------------|--|-----------------|--|------|--|--------|--------------------|--|---|---|---|---|-----------------------------------|---|--|
| 1. Name and Address of Reporting Person* | | | | | 2. Issuer Name and Ticker or Trading Symbol SUPERIOR ENERGY SERVICES INC | | | | | | | | 5. Relationship of Reporting Person(s) to Issuer (Check all applicable) | | | | | | |
| RALLS W MATT | | | | | SPN 1 | | | | | | | |) X | Directo | r | | 10% Ov | /ner | |
| | | | | | 5114] | | | | | | | | 1 | Officer below) | (give title | | Other (s | pecify | |
| (Last) (First) (Middle) | | | | | 3. Date of Earliest Transaction (Month/Day/Year) | | | | | | | | | below) | | | below) | | |
| 1001 LOUISIANA STREET, SUITE 2900 | | | | | 05/ | 05/25/2016 | | | | | | | | | | | | | |
| (Street) | | | | | 4. If Amendment, Date of Original Filed (Month/Day/Year) | | | | | | | | 6. Individual or Joint/Group Filing (Check Applicable Line) | | | | | | |
| HOUST | ON T | K | 77002 | | | | | | | | | | <u>></u> | | led by One | Repo | rting Persor | 1 | |
| | | | | | | | | | | | | | | | Form filed by More than One Reporting | | | | |
| (City) | (St | tate) | (Zip) | | | | | | | | | | | | Person | l | | | |
| | | Tab | le I - Non- | -Deriva | ative | e Se | curities | s Ac | quired, | Disp | osed o | of, or E | 3ene | iciall | y Owned | | | | |
| 1. Title of Security (Instr. 3) 2. Transar Date (Month/Date | | | | Exec Day/Year) if any | | Execution f any | A. Deemed xecution Date, any //onth/Day/Year) | | 3. Transaction Code (Instr. 8) 4. Securit Disposed | | | | | 5. Amour Securitie Beneficia Owned F Reported | s ally following | Form | : Direct r Indirect str. 4) | 7. Nature of Indirect Beneficial Ownership | |
| | | | | | | | | Code | v | Amount | (A) or (D) | | Price | Transact (Instr. 3 a | ction(s) | | | (Instr. 4) | |
| | | ٦ | Fable II - D | | | | | | uired, D | | | | | | Owned | | | , | |
| | - | | · | | | Cuii | · | | | | | | | | 0.5: 6 | I | . 1 | | T |
| 1. Title of Derivative Security (Instr. 3) | 2. Conversion or Exercise Price of Derivative Security | 3. Transaction Date (Month/Day/Year) | 3A. Deemed Execution Di if any (Month/Day/ | ate, Ti | 4. Transactior Code (Instr. | | | | 6. Date Exercisable and Expiration Date (Month/Day/Year) | | | 7. Title of Secu Underly Derivat (Instr. 3 | urities ying tive Sec | curity | 8. Price of Derivative Security (Instr. 5) | 9. Number derivative Securities Beneficial Owned Following Reported Transactio (Instr. 4) | ly | Ownership Form: Direct (D) or Indirect (I) (Instr. 4) | 11. Nature of Indirect Beneficial Ownership (Instr. 4) |
| | | | | c | Code | v | (A) | (D) | Date Exercisabl | | Expiration Date | Title | or Nu of | nount imber ares | | | | | |
| Destricted | | | I | - 1 | | | 1 | 1 1 | | | | I | - 1 | - 1 | | I | | | 1 |

(2)

Explanation of Responses:

(1)

1. Each restricted stock unit represents a right to receive one share of the Issuer's common stock.

05/25/2016

2. The restricted stock units vest in 2017 on the date of Issuer's 2017 Annual Meeting of Stockholders.

Remarks:

Stock

Units

/s/ William B. Masters, on 05/26/2016 behalf of W. Matt Ralls, pursuant to a power of attorney

\$0.00

12,431

D

** Signature of Reporting Person Date

12,431

Common

Stock

(2)

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

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