UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

CURRENT REPORT

Pursuant to Section 13 or 15(d) of the Securities Exchange Act of 1934

Date of Report (Date of earliest event reported): August 9, 2019

SUPERIOR ENERGY SERVICES, INC.

(Exact name of registrant as specified in its charter)

001-34037

75-2379388

Delaware

(State or other jurisdiction)	(Commission File Number)	(IRS Employer Identification No.)
1001 Louisiana Street, S		
Houston, Texas (Address of principal executive offices)		77002 (Zip Code)
(Regi	(713) 654-2200 strant's telephone number, including area code)	
(Former n	Not Applicable name or former address, if changed since last rep	ort)
Check the appropriate box below if the Form 8-K filing belowing provisions:	is intended to simultaneously satisfy the	e filing obligation of the registrant under any of the
Written communications pursuant to Rule 425 under	the Securities Act (17 CFR 230.425)	
Soliciting material pursuant to Rule 14a-12 under the	e Exchange Act (17 CFR 240.14a-12)	
Pre-commencement communications pursuant to Ru	le 14d-2(b) under the Exchange Act (17 C	CFR 240.14d-2(b))
Pre-commencement communications pursuant to Ru	le 13e-4(c) under the Exchange Act (17 C	CFR 240.13e-4(c))
ecurities registered pursuant to Section 12(b) of the Act:		
Title of each class	Trading symbol	Name of each exchange on which registered
Common Stock	SPN	New York Stock Exchange
ndicate by check mark whether the registrant is an emer 30.405 of this chapter) or Rule 12b-2 of the Securities Ex		
		Emerging growth company $\ \Box$
f an emerging growth company, indicate by check mark ew or revised financial accounting standards provided pur		

Item 3.01 Notice of Delisting or Failure to Satisfy a Continued Listing Rule or Standard; Transfer of Listing

On August 9, 2019, Superior Energy Services, Inc. (the "Company") received written notice from the New York Stock Exchange (the "NYSE") that the Company is not in compliance with the NYSE continued listing standard set forth in Rule 802.01C of the NYSE Listed Company Manual, which requires the average closing price of the Company's common stock to be at least \$1.00 per share over a period of 30 consecutive trading days.

In accordance with applicable NYSE procedures, the Company plans to notify the NYSE by August 23, 2019 of its receipt of the notice and of its intention to cure the noncompliance. The notice states that Company must bring its share price and average share price back above \$1.00 by six months following receipt of the notice, but can demonstrate an accelerated cure at any time during the six-month cure period if on the last trading day of any calendar month during the cure period the closing share price of the Company's common stock is at least \$1.00 and the average closing share price of the Company's common stock is at least \$1.00 over the 30 trading-day period ending on the last trading day of that month.

The notice has no immediate impact on the listing of the Company's common stock, which will continue to trade on the NYSE. The Company intends to actively monitor the closing share price for its common stock and will consider available options, including a reverse stock split, to regain compliance with Rule 802.01C.

Item 7.01 Regulation FD Disclosure

On August 12, 2019, as required under Rule 802.01C, the Company issued a press release announcing that it had received the notice. A copy of this press release is attached as Exhibit 99.1 to this Current Report on Form 8-K.

The information provided pursuant to this Item 7.01 is "furnished" and shall not be deemed to be "filed" with the Securities and Exchange Commission or incorporated by reference in any filing under the Securities Exchange Act of 1934, as amended, or the Securities Act of 1933, as amended, except as shall be expressly set forth by specific reference in any such filings.

Item 9.01 Financial Statements and Exhibits

(d) Exhibits.

Exhibit
Number Description

99.1 Press Release dated August 12, 2019 announcing the Company's receipt of notice.

SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

SUPERIOR ENERGY SERVICES, INC.

By: /s/ William B. Masters

William B. Masters Executive Vice President, General Counsel and Secretary

Dated: August 12, 2019

1001 Louisiana St., Suite 2900 Houston, TX 77002 NYSE: SPN



FOR FURTHER INFORMATION CONTACT: Paul Vincent, VP of Treasury and Investor Relations, (713) 654-2200

SUPERIOR ENERGY SERVICES RECEIVES NOTICE FROM NYSE REGARDING CONTINUED LISTING STANDARD

Houston, August 12, 2019 – Superior Energy Services, Inc. (NYSE: SPN) (the "Company") today announced it has received written notice from the New York Stock Exchange (the "NYSE") that the Company is not in compliance with the NYSE continued listing standard set forth in Rule 802.01C of the NYSE Listed Company Manual, which requires the average closing price of the Company's common stock to be at least \$1.00 per share over a period of 30 consecutive trading days.

In accordance with applicable NYSE procedures, the Company plans to timely notify the NYSE that it intends to cure the \$1.00 per share deficiency and has six months following the receipt of the noncompliance notice to cure the deficiency and regain compliance with the NYSE continued listing requirement. The notice has no immediate impact on the listing of the Company's common stock, which will continue to trade on the NYSE.

The Company intends to actively monitor the closing share price for its common stock and will explore available options, including a reverse stock split, to regain compliance.

About Superior Energy Services

Superior Energy Services (NYSE: SPN) serves the drilling, completion and production-related needs of oil and gas companies worldwide through a diversified portfolio of specialized oilfield services and equipment that are used throughout the economic life cycle of oil and gas wells. For more information, visit: www.superiorenergy.com.

This press release includes forward-looking statements as defined under federal law, including, but not limited to, those related to the company's intention to regain compliance with the NYSE continued listing standards. These forward-looking statements are generally identified by the words "believe," "expect," "anticipate," "estimate," "intend," "plan," "may," "should," "could," "will," "would," and "will be," and variations of such words and similar expressions, although not all forward-looking statements contain these identifying words. Such statements are subject to significant risks, assumptions and uncertainties. Known material factors that could cause the Company's actual results to differ materially from the results contemplated by such forward-looking statements are described in the forward looking statements and risk factors in the Company's Annual Report on Form 10-K for the fiscal year ended December 31, 2018, Quarterly Report on Form 10-Q for the quarter ended March 31, 2019, Quarterly Report on Form 10-Q for the quarter ended June 30, 2019 and those risk factors set forth from time to time in other filings with the Securities and Exchange Commission. The Company undertakes no obligation to correct or update any forward-looking statement, whether as a result of new information, future events, or otherwise, except to the extent required under federal securities laws.

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