FORM 4

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D	.C. 20549
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STATEMENT	OF CHANGES	IN BENEFICIAL	OWNERSHIP

OMB APPROVAL OMB Number: 3235-0287 Estimated average burden hours per response: 0.5

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person* Ballard Westervelt T. JR				5	2. Issuer Name and Ticker or Trading Symbol SUPERIOR ENERGY SERVICES INC SPN]							(Che	5. Relationship of Reporting (Check all applicable) Director Officer (give title			10% Ow	ner
(Last) (First) (Middle) 1001 LOUISIANA STREET SUITE 2900					3. Date of Earliest Transaction (Month/Day/Year) 01/15/2016								X Officer (give title below) Executive Vice President				
(Street)		X	77002	4						Line	dividual or Joint/Group Filing (Check Applicable) Form filed by One Reporting Person Form filed by More than One Reporting Person						
(City)	(5	State)	(Zip)					<u> </u>				<u> </u>					
Date			Transacti te	1		3. Transa	action	4. Securit	. Securities Acquired (A) isposed Of (D) (Instr. 3, 4		5. Amount of		Form:	Direct Indirect B	. Nature of ndirect eneficial ewnership nstr. 4)		
			Table II - De (e.g					,		osed of, convertil		,	Owned				
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	(Month/Day/Year) if any	Execution Date,	Code (Instr.		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s	e S Illy	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
				Code	v	(A)	(D)	Date Exercisab		Expiration Date	Title	Amount or Number of Shares		(Instr. 4)	on(o)	"	
Stock Option (Right to Buy)	\$9.76	01/15/2016		A		144,910		01/15/201	7(1)	01/15/2026	Common Stock	144,910	\$0	144,91	.0	D	

Explanation of Responses:

1. The stock options are exercisable in 1/3 annual increments beginning on the date indicated and ending on the second anniversary thereof.

/s/ William B. Masters, on behalf of Westervelt T. Ballard,

Jr. pursuant to a power of

Date

01/20/2016

<u>attorney</u>

** Signature of Reporting Person

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.