

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

☐ Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

OMB APPROVAL

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1. Name and Address of Reporting Person*			2. Issuer Name and Ticker or Trading Symbol		5. Relationship of Reporting Person(s) to Issuer (Check all applicable)	
<u>Spexarth James W.</u>			<u>SUPERIOR ENERGY SERVICES INC [SPN]</u>		Director 10% Owner Officer (give title below) Other (specify below) <u>Chief Accounting Officer</u>	
(Last)	(First)	(Middle)	3. Date of Earliest Transaction (Month/Day/Year)			
<u>1001 LOUISIANA STREET, SUITE 2900</u>			<u>01/15/2019</u>			
(Street)			4. If Amendment, Date of Original Filed (Month/Day/Year)		6. Individual or Joint/Group Filing (Check Applicable Line)	
<u>HOUSTON TX 77002</u>					X Form filed by One Reporting Person Form filed by More than One Reporting Person	
(City)	(State)	(Zip)				

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)		4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code	V	Amount	(A) or (D)	Price			
Common Stock	01/15/2019		M		19,916	A	\$0.00	44,030	D	
Common Stock	01/15/2019		F ⁽¹⁾		5,908	D	\$3.84	38,122	D	

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)	8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
						Date Exercisable	Expiration Date					
Restricted Stock Units	(2)	01/15/2019		M		6,190	(3)	Common Stock	6,190	\$0.00	0	D
Restricted Stock Units	(2)	01/15/2019		M		2,848	(4)	Common Stock	2,848	\$0.00	2,848	D
Restricted Stock Units	(2)	01/15/2019		M		4,942	(5)	Common Stock	4,942	\$0.00	9,882	D
Restricted Stock Units	(2)	01/15/2019		M		5,936	(5)	Common Stock	5,936	\$0.00	11,870	D

Explanation of Responses:

- Shares withheld to cover taxes due upon the vesting of restricted stock units.
- Each restricted stock unit represents a right to receive one share of the Issuer's common stock.
- The restricted stock units vest in 1/3 annual increments beginning on January 15, 2017 and ending on the second anniversary thereof.
- The restricted stock units vest in 1/3 annual increments beginning on January 15, 2018 and ending on the second anniversary thereof.
- The restricted stock units vest in 1/3 annual increments beginning on January 15, 2019 and ending on the second anniversary thereof.

Remarks:

/s/ William B. Masters, on
behalf of James W. Spexarth, 01/17/2019
pursuant to a power of attorney

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.