FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL									
OMB Number:	3235-028								
Estimated average h	urden								

Check this box if no longer subject to
Section 16. Form 4 or Form 5
obligations may continue. See
Instruction 1(h)

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

OMB Number:	B Number: 3235-0287							
Estimated average burden								
hours per response:	0.5							

Name and Address of Reporting Person* Moore Brian K						2. Issuer Name and Ticker or Trading Symbol SUPERIOR ENERGY SERVICES INC SPN]										all app	olicable)		Person(s) to Issuer 10% Owner Other (specify		
(Last) 1001 LO SUITE 29	(First) (Middle) DUISIANA STREET 2900					3. Date of Earliest Transaction (Month/Day/Year) 01/31/2014											v) nior Execu		below) re Vice Pres.		
(Street) HOUSTO	Street) HOUSTON TX 77002					4. If Amendment, Date of Original Filed (Month/Day/Year)									Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person						
		Tabl	e I - Nor	n-Deriv	ative	Se	curitie	s Acc	quired,	Dis	posed o	f, o	r Ben	eficia	ally	Owne	ed				
1. Title of Security (Instr. 3) 2. Transa Date (Month/D						ar) li	PA. Deemed Execution Date, f any Month/Day/Year)		Transaction Di		Disposed	4. Securities Acquired (A) Disposed Of (D) (Instr. 3, 4 5)				5. Amount of Securities Beneficially Owned Following Reported		6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
							Code	v	Amount		(A) or (D)	Price		Transaction(s) (Instr. 3 and 4)				(
Common Stock 01/					01/31/2014				F ⁽¹⁾		3,173	D \$23		\$23	23.64 286,4		36,499	D			
		Та							,		sed of, onvertib				y Ov	vned					
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	e Execution		Date, Transac		of Derive Securion Acque (A) or Disposof (D) (Instr.)	of		xercis n Date ay/Ye		7. Title and Amount of Securities Underlying Derivative Security (Instr. and 4)		ount			9. Number of derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	t (D) lirect	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
			Code	\v	(A)	(D)	Date Exercisal		Expiration Date	Title	of										

Explanation of Responses:

1. Shares withheld to cover taxes due upon the vesting of restricted stock.

/s/ William B. Masters, on

behalf of Brian K. Moore, 02/03/2014

pursuant to a power of attorney

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.