FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL									
OMB Number:	3235-0287								
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* BLANCHARD KENNETH						2. Issuer Name and Ticker or Trading Symbol SUPERIOR ENERGY SERVICES INC SPN]									ck all applic Directo Officer	able)	g Pers	on(s) to Issu 10% Ow Other (s	ner	
	Last) (First) (Middle) 601 POYDRAS STREET SUITE 2400					3. Date of Earliest Transaction (Month/Day/Year) 12/10/2009									X Ollicer (give title Other (specify below) President and COO					
(Street) NEW ORLEANS LA 70130				4.	4. If Amendment, Date of Original Filed (Month/Day/Year)									Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person						
(City) (State) (Zip)																				
		Tal	ole I - Nor	n-Deriv	vativ	e Se	curitie	s Acc	quired,	Dis	oosed o	f, or B	ene	ficially	/ Owned					
1. Title of Security (Instr. 3) 2. Transa Date (Month/D				/Day/Year)		2A. Deemed Execution Date, if any (Month/Day/Yea		Code (Instr.		4. Securities Acquired (A Disposed Of (D) (Instr. 3, 5)				Securitie Beneficia Owned F	5. Amount of Securities Beneficially Owned Following Reported		: Direct r Indirect str. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
									Code	v	Amount	(A) (D)	or	Price	Transact (Instr. 3 a	ion(s)			(111501. 4)	
Common Stock 12/10,							/2009		A ⁽¹⁾		16,59	5 <i>A</i>	۱	\$ <mark>0</mark>	121,985		D			
Common	Stock														15,794 I Spouse					
			Table II -							•	sed of, onvertib			-	Owned					
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution I if any (Month/Day	Date,	4. Transa Code (8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Ex Expiration (Month/Da	Date		7. Title and Am of Securities Underlying Derivative Sect (Instr. 3 and 4)		ecurity	8. Price of Derivative Security (Instr. 5)	9. Number derivative Securitie: Beneficia Owned Following Reported Transacti (Instr. 4)	e s ally g	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership t (Instr. 4)	
					Code	v	(A)		Date Exercisabl		Expiration Date	Title	O N O	lumber						
Options (right to	\$20.3	12/10/2009			A		37,265		12/31/2010	(2)	12/10/2019	Commo		37,265	\$0	37,26	55	D		

Explanation of Responses:

- 1. Represents a grant of restricted stock from the company.
- 2. The stock options are exercisable in 1/3 annual increments beginning the date indicated and ending on the second anniversary thereof.

/s/ William B. Masters on behalf of Kenneth Blanchard

12/14/2009

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.