FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OMB APPROVAL OMB Number: 3235

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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* Moore Brian K						2. Issuer Name and Ticker or Trading Symbol SUPERIOR ENERGY SERVICES INC SPN]									all application	,		10% Ow Other (s	10% Owner Other (specify below)	
(Last) 1001 LO	`	irst) STREET, SUITE		3. Date of Earliest Transaction (Month/Day/Year) 01/13/2017									Executive Vice President							
(Street) HOUST(_	X tate)	4. 1	If Ame	endment, I	Date o	f Original	Filed	(Month/Day		Indivine)									
		Tal	ole I - No	n-Deriv	vativ	e Se	curitie	s Ac	quired,	Dis	posed o	f, or Be	neficia	ally	Owned					
1. Title of Security (Instr. 3)			2. Transaction Date (Month/Day/Year)		ear)	2A. Deemed Execution Date, if any (Month/Day/Year)		3. Transaction Code (Instr.		4. Securities Acquired (A) Disposed Of (D) (Instr. 3, 4			4 and 5) Securitie Benefici Owned F		es For ally (D) Following (I) (: Direct r Indirect str. 4)	7. Nature of Indirect Beneficial Ownership		
									Code	v	Amount	(A) or (D)	Price		Reported Transact (Instr. 3 a	ction(s)			(Instr. 4)	
Common	Stock	k 01/13/2017 F ⁽¹⁾ 4,228 D \$18.03 248,645 ⁽²⁾								D										
Common	Stock			01/13	3/201	17			A ⁽³⁾		20,879) A	\$0	.00 269,524 D						
			Table II -								osed of, convertib				wned					
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deeme Execution I if any (Month/Day	ate, Transa Code (I					6. Date Ex Expiration (Month/Da	Date	of Securities		ties ig e Securi	5	Price of erivative ecurity astr. 5)	9. Number derivative Securities Beneficial Owned Following Reported Transactio (Instr. 4)	i ily	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership ct (Instr. 4)	
					Code	v	(A)		Date Exercisab		Expiration Date	Title	Amou or Numb of Share	er						
Stock Option (Right to Buy)	\$18.03	01/13/2017			A		45,029		01/15/2018	3 ⁽⁴⁾	01/15/2027	Common Stock	45,02	29	\$0.00	45,029	9	D		

Explanation of Responses:

- 1. Shares withheld to cover taxes due upon the vesting of restricted stock and restricted stock units.
- 2. Includes a reduction of 17,294 RSUs that vested and paid out as of 3/30/16.
- 3. Represents a grant of restricted stock units from the issuer.
- 4. The stock options are exercisable in 1/3 annual increments beginning on the date indicated and ending on the second anniversary thereof.

Remarks:

/s/ William B. Masters, on behalf of Brian K. Moore, 01/18/2017 pursuant to a power of attorney

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.