SEC For	m 4 FORM	4	UNITED) STA	ATE:	S SI			ES AND		CHAN	NGE C	ОММ	ISSION				
Section 16. Form 4 or Form 5 obligations may continue. See					ed pur	NT OF CHANGES IN BENEFICIAL OWNE I pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940								SHIP	OMB	OMB APPROVAL OMB Number: 3235-0287 Estimated average burden hours per response: 0.5		
1. Name and Address of Reporting Person* Bernard A Patrick					<u>S1</u>	2. Issuer Name and Ticker or Trading Symbol <u>SUPERIOR ENERGY SERVICES INC</u> [SPN]								5. Relationship of Reporting Person(s) to Issue (Check all applicable) Director 10% Owr X Officer (give title Other (sp below) below)			wner	
(Last) (First) (Middle) 601 POYDRAS STREET SUITE 2400					04	3. Date of Earliest Transaction (Month/Day/Year) 04/01/2010								Executive Vice President				
(Street) NEW ORLEANS (City) (State) (Zip)					- 4.1									Individual or Joint/Group Filing (Check Applicable ne) X Form filed by One Reporting Person Form filed by More than One Reporting Person				
		Tal	ole I - Nor	n-Deriv	vativ	e Se	curitie	s Ac	quired, Di	ispo	sed of	f, or Bei	neficial	ly Owned				
1. Title of Security (Instr. 3) 2. Transa Date (Month/D				saction	n 'ear)	2A. Deemed Execution Date, if any (Month/Day/Yea		3. Transacti Code (Ins	Transaction Disp Code (Instr. 5)		curities Acquired (A) osed Of (D) (Instr. 3, 4		5. Amour Securitie Beneficia Owned F Reported	es Form ally (D) o Following (I) (In d		vnership n: Direct r Indirect nstr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
									Code V	^ A	mount	(A) or (D)	Price		Transaction(s) (Instr. 3 and 4)			
									luired, Dis s, options,					Owned				
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution D if any (Month/Day/	Date,	Code (Inst				6. Date Exercisat Expiration Date (Month/Day/Year)		e and	7. Title and Amo of Securities Underlying Derivative Secur (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Numbe derivative Securitie Beneficia Owned Following Reported Transacti (Instr. 4)	e s ally g	Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership (Instr. 4)
					Code	v	(A)	(D)	Date Exercisable	Exp Date	piration e	Title	Amount or Number of Shares					
Options (right to buy)	\$21.93	04/01/2010			A		40,725		04/01/2011 ⁽¹⁾	04/0	01/2020	Common Stock	40,725	\$0	40,72	!5	D	

Explanation of Responses:

1. The stock options are exercisable in 1/3 annual increments beginning the date indicated and ending on the second anniversary thereof.

/s/ William B. Masters on behalf of Patrick A. Bernard

04/05/2010

Date

** Signature of Reporting Person

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.