FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL									
OMB Number:	3235-0287								
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Check this box if no longer subject to
Section 16. Form 4 or Form 5
obligations may continue. See
Instruction 1(h)

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* Ballard Westervelt T. JR					SU	2. Issuer Name and Ticker or Trading Symbol SUPERIOR ENERGY SERVICES INC SPN]								(Chec	k all app Dired	olicable)		Ssuer Owner (specify	
(Last) (First) (Middle) 1001 LOUISIANA STREET, SUITE 2900						3. Date of Earliest Transaction (Month/Day/Year) 02/21/2020								X	belov	N) .	below & Treasurer		
(Street) HOUST(77002 Zip)		4. If	4. If Amendment, Date of Original Filed (Month/Day/Year)								6. Indi Line) X	Forn Forn	or Joint/Group Filing (Check Applicable rm filed by One Reporting Person rm filed by More than One Reporting rson			
		Tabl	e I - No	n-Deriv	ative	Sec	uritie	s Ac	quired	l, Di	sposed o	f, or E	Benef	icially	Owne	ed			
1. Title of Security (Instr. 3) 2. Transacti Date (Month/Day)					Execution Date,		Transaction Disposed Of Code (Instr.			es Acquired (A) or Of (D) (Instr. 3, 4 and 5			5. Amount of Securities Beneficially Owned Following Reported		6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)			
									Code	v	Amount	(A) c (D)	r Pri	ce	Transa	action(s) 3 and 4)		(111511.4)	
Common Stock 02/21/20					2020)20		P		5,000	A	\$5	.146(1)	63,525		D			
Common Stock 02/24/20				2020	020		P		4,000	A	\$4	.878(2)	67,525		D				
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																		
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deel Execution if any (Month/I	on Date,	4. Transactio Code (Instr 8)				6. Date Exercisabl Expiration Date (Month/Day/Year)		ite	e Amount of		Der Sec (Ins	rice of ivative urity tr. 5)	tive derivative ty Securities	Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
					Code	v	(A)	(D)	Date Exercis	able	Expiration Date	Title	Amou or Numb of Share	er					

Explanation of Responses:

- $1.\ The\ price\ reported\ in\ Column\ 4\ is\ a\ weighted\ average\ price.\ These\ shares\ were\ purchased\ in\ multiple\ transactions\ at\ prices\ ranging\ from\ \$5.105\ to\ \$5.20.$
- 2. The price reported in Column 4 is a weighted average price. These shares were purchased in multiple transactions at prices ranging from \$4.80 to \$4.965.

Remarks:

/s/ William B. Masters, on behalf of Westervelt T. Ballard, Jr., pursuant to a power of

02/25/2020

Date

attorney

** Signature of Reporting Person

 $Reminder: Report \ on \ a \ separate \ line \ for \ each \ class \ of \ securities \ beneficially \ owned \ directly \ or \ indirectly.$

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.