SEC For	rm 4 FORM	4	UNITE) ST	ATE	SS	ECUR		ES ANI	DF	XCHA	NGE C	OMM	SSION				
		7	UNITED STATES SECURITIES AND EXCHANGE COM Washington, D.C. 20549													OMB APPROVAL		
Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).			STAT		led pu	AT OF CHANGES IN BENEFICIAL OWNE d pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940								SHIP	Estim	Numbe nated av s per res	erage burde	3235-0287 n 0.5
1. Name and Address of Reporting Person [*] Holleman James A					<u>S</u>	2. Issuer Name and Ticker or Trading Symbol <u>SUPERIOR ENERGY SERVICES INC</u> [SPN]								5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner Officer (give title Other (specify				wner
(Last) (First) 601 POYDRAS STREET SUITE 2400			(Middle)			3. Date of Earliest Transaction (Month/Day/Year) 04/01/2010								A below) below) Executive Vice President				
(Street) NEW LA ORLEANS			70130			4. If Amendment, Date of Original Filed (Month/Day/Year)							Lin	6. Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person				
(City)	(City) (State) (Zip)																	
		Tal	ble I - Nor	n-Deri	vativ	ve Se	ecuritie	s Ao	cquired,	Dis	posed o	f, or Bei	neficial	ly Owned				
1. Title of Security (Instr. 3)			2. Transa Date (Month/E				2A. Deemed Execution Date, if any (Month/Day/Yea		Code (Instr.					Beneficia Owned F	es ally Following	Form	: Direct Indirect str. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
									Code	v	Amount	(A) or (D)	Price	Reported Transaction(s) (Instr. 3 and 4)				
			Table II - I						quired, D s, option					Owned				
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	Execution Date, T		4. Transaction Code (Instr. 8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)			7. Title an of Securit Underlyin Derivative (Instr. 3 an	ies g Security	8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)		10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownershij (Instr. 4)
					Code	v	(A)	(D)	Date Exercisab		Expiration Date	Title	Amount or Number of Shares					

Explanation of Responses:

\$21.93

Options

(right to buy)

1. The stock options are exercisable in 1/3 annual increments beginning the date indicated and ending on the second anniversary thereof.

A

<u>/s/ William B. Masters on</u> behalf of James A. Holleman

Common

Stock

04/01/2020

04/05/2010

Date

32,000

D

** Signature of Reporting Person

32,000

\$<mark>0</mark>

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

04/01/2010

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

32,000

04/01/2011⁽¹⁾