FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

vasimigton, 2.5. 200-0

OMB APPROVAL										
OMB Number:	3235-028									
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0.5

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Check this box if no longer subject to						
Section 16. Form 4 or Form 5						
obligations may continue. See						
Instruction 1(b).						

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

					$\overline{}$															
Name and Address of Reporting Person* Ballard Westervelt T. JR					2. Issuer Name and Ticker or Trading Symbol SUPERIOR ENERGY SERVICES INC [SPN]								5. Relationship of Reporting Person(s) to Issuer (Check all applicable)							
Ballard Westerveit 1. JR														Director			10% Owner			
(1 aat)	(E	inat	(Middle)		- 51	orn 1								Officer below)	(give title		Other (s below)	specify		
(Last) (First) (Middle)							Date of Earliest Transaction (Month/Day/Year)								Executive Vice President					
1001 LOUISIANA STREET					01	01/15/2014														
SUITE 2900																				
					- 4.	4. If Amendment, Date of Original Filed (Month/Day/Year)								6. Individual or Joint/Group Filing (Check Applicable Line)						
(Street)													- 1 '		led by One	Repo	rtina Perso	n		
HOUST	ON T	X	77002											X Form filed by One Reporting Person Form filed by More than One Reporting						
					-									Person		e man	One Repor	ung		
(City)	(S	tate)	(Zip)																	
		Tal	ble I - Noi	n-Deriv	vativ	e Se	curitie	s Acc	quired,	Dis	posed of	f, or Ber	neficially	y Owned						
1. Title of Security (Instr. 3) 2. Transac Date				sactior	ction 2A. Deemed			3.		4. Securities Acquired (A)			5. Amount of		6. Ownership		7. Nature of			
							Execution Date,		Transaction		Disposed	Of (D) (Inst	r. 3, 4 and !				orm: Direct	Indirect Beneficial		
				(Month/	iDayiY	ay/Year) if any (Month/Day/		ay/Year	Code (Instr.					Beneficia Owned F	ally Following		(D) or Indirect (I) (Instr. 4)	Ownership		
						` '			 			(4) ar	1	Reported Transaction(s)				(Instr. 4)		
									Code	٧	Amount	(A) or (D)	Price	(Instr. 3						
Common Stock 01/15/						/2014		A ⁽¹⁾		7,482	A	\$0	29,	29,004		D				
Common Stock 01/15/					5/201	/2014			F ⁽²⁾		735	D	\$26.02	28,269			D			
			Table II -	Doriva	ativo	Sac	uritios	Λcαι	uirod D	ien	sed of	or Rone	ficially	Owned		,		1		
											onvertib			Owneu						
1. Title of 2. 3. Transaction 3A. Deemed 4.					4.	5. Number			6. Date Exercisable and 7. Title			7. Title an	d Amount	8. Price of	8. Price of 9. Number		10.	11. Nature		
Derivative	Conversion	Date (Month/Day/Year)	Execution [Date, 1	Transa		of I		Expiration Date			of Securities		Derivative	derivative		Ownership	of Indirect Beneficial		
Security (Instr. 3)	or Exercise Price of		if any (Month/Day/Yea		Code (In (ear) 8)		(Instr. Derivativ Securitie		(Month/Day/Year)			Underlying Derivative Security		Security (Instr. 5)	Securities Beneficially		Form: Direct (D)	Ownership		
(Derivative			,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,	-,		Acquired					(Instr. 3 and 4)		(Owned	1	or Indirect	(Instr. 4)		
	Security						(A) or Disposed								Following Reported	9	(i) (Instr. 4)			
						of (D) (Ins		nstr.						Transact		on(s)				
							3, 4 and 5)								(Instr. 4)					
													Amount							
													or Number							
									Date		Expiration	l	of							
					Code	٧	(A)	(D) E	Exercisabl	e I	Date	Title	Shares							
Options (right to buy)	\$26.02	01/15/2014			A		28,010		01/15/2015	(3)	01/15/2024	Common Stock	28,010	\$0	28,01	.0	D			

Explanation of Responses:

- 1. Represents a grant of restricted stock units from the issuer.
- 2. Shares withheld to cover taxes due upon the vesting of restricted stock.
- 3. The stock options are exercisable in 1/3 annual increments beginning on the date indicated and ending on the second anniversary thereof.

/s/ William B. Masters, on behalf of Westervelt T. Ballard,

<u>Jr. pursuant to a power of</u>

attorney

** Signature of Reporting Person

01/17/2014

 $Reminder: \ Report \ on \ a \ separate \ line \ for \ each \ class \ of \ securities \ beneficially \ owned \ directly \ or \ indirectly.$

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

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