FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL									
OMB Number:	3235-0287								
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* Masters William B						2. Issuer Name and Ticker or Trading Symbol SUPERIOR ENERGY SERVICES INC SPN							Relationship of Reporting Person(s) to Issuer (Check all applicable) Director			
(Last) (First) (Middle) 1001 LOUISIANA STREET, SUITE 2900						3. Date of Earliest Transaction (Month/Day/Year) 02/05/2019						below) below) Executive VP & General Counsel				
(Street) HOUSTON TX 77002			4.	4. If Amendment, Date of Original Filed (Month/Day/Year)						Line	6. Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting					
(City)	(S	tate)	(Zip)									Person				
		Tal	ole I - Non-D	erivativ	ve Se	curitie	s Ac	quired, Di	sposed o	f, or Ber	neficiall	y Owned				
1. Title of Security (Instr. 3) 2. Transa Date (Month/D.					action 2A. Deemed Execution Date, if any (Month/Day/Year)		Code (Instr. 5)					es Fo ally (D) Following (I)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership		
								Code V	Amount	(A) or (D)	Price	Reported Transact (Instr. 3 a	ion(s)		(Instr. 4)	
			Table II - De (e.ç					uired, Dis _l s, options,				Owned				
1. Title of Derivative Security (Instr. 3)	2. Conversion One Exercise Price of Derivative Security 3. Transaction Date Execution Date, (Month/Day/Year) 3A. Deemed Execution Date, if any (Month/Day/Year)			Code	action (Instr.	of E		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amour of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)		Ownersh Form: Direct (D) or Indirect (I) (Instr.	Beneficial Ownership t (Instr. 4)	
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares					
Restricted Stock Units	(1)	02/05/2019		A		65,088		(2)	(2)	Common Stock	65,088	\$0.00	65,088	D		
Stock Option (Right to	\$4.36	02/05/2019		A		66,147		01/15/2020 ⁽³⁾	01/15/2029	Common Stock	66,147	\$0.00	66,147	D		

Explanation of Responses:

- 1. Each restricted stock unit represents a right to receive one share of the Issuer's common stock.
- 2. The restricted stock units vest in 1/3 annual increments beginning on January 15, 2020 and ending on the second anniversary thereof.
- $3. \ The stock options are exercisable in 1/3 \ annual increments beginning on the date indicated and ending on the second anniversary thereof.$

Remarks:

/s/ William B. Masters

02/07/2019

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.