

Superior Energy Services Announces 2019 First Quarter Earnings Release and Conference Call Schedule

March 28, 2019

HOUSTON, March 28, 2019 (GLOBE NEWSWIRE) -- Superior Energy Services, Inc. (NYSE: SPN) announced today that it will release its first quarter 2019 results on Tuesday, April 23, 2019 after the market closes. In conjunction with the release, the Company has scheduled a conference call, which will be broadcast live over the Internet, on Wednesday, April 24, 2019 at 9:00 a.m. Eastern time. Investors may participate either by phone or audio webcast.

By Phone: Dial 888-317-6003 (International dial-in 412-317-6061) at least 10 minutes before the call and use entry number

9456386. A replay will be available through May 1, 2019 by dialing 877-344-7529 (International replay dial-in

412-317-0088) and using the access code 10130013.

By Connect to the webcast via the Investor Relations section of Superior Energy's website at www.superiorenergy.com.

Webcast: Please log in at least 10 minutes in advance to register and download any necessary software. A replay will be

available shortly after the call.

About Superior Energy Services

Superior Energy Services (NYSE:SPN) serves the drilling, completion and production-related needs of oil and gas companies worldwide through a diversified portfolio of specialized oilfield services and equipment that are used throughout the economic life cycle of oil and gas wells. For more information, visit: www.superiorenergy.com.

FOR FURTHER INFORMATION CONTACT: Paul Vincent, VP of Investor Relations, (713) 654-2200

Superior Energy Services, Inc.